



**Any Concerns and/or Child Has a Diagnosis**

**Early Childhood Intervention Program**

780-623-6227



**Communication and Swallowing Concerns**

**Speech Language Services**

780-736-3740



**Fine Motor Concerns or Behaviors Affecting Play, Interactions, or Daily Routines**

**Occupational Therapy Services**

780-521-7449



**Gross Motor Concerns**

**Physiotherapy Services**

780-656-5008



**Social-emotional Concerns**

**Addictions and Mental Health Services– access line**

1-888-594-0211



**Eating, Feeding, Growth Concerns**

**Nutrition Services**

1-844-793-7266



**Hearing Concerns**

**Audiology– Central access– Edmonton**

780-735-3489



**Alberta Health Services**

**North Zone**

**Who can I talk to with questions or concerns about my child?**



**Child Health Team**

**Radway, Redwater, Smoky Lake,**

**Thorhild and areas**






**1-855-595-5711**

**Every family is on a journey.**

**We are here to support yours.**

Healthy Albertans.  
Healthy Communities.  
**Together.**

# Let's set your child up for success! When should you reach out?

Area	0-6 months	12 months	18 months	2 years	3-5 years	Please call if:
<b>Communication</b> 	<ul style="list-style-type: none"> <li>Not babbling (<i>ahh, oo, eh, buh</i>)</li> <li>Does not startle to loud sounds</li> </ul>	<ul style="list-style-type: none"> <li>No babbled phrases that sound like talking</li> <li>No response to familiar words (<i>mama, dada</i>)</li> </ul>	<ul style="list-style-type: none"> <li>Not yet using 10 words</li> <li>Not able to understand short requests (<i>where is your blanket?</i>)</li> <li>Not using gestures</li> </ul>	<ul style="list-style-type: none"> <li>Not saying any new words</li> <li>Not pointing to any named items</li> <li>Not putting words together</li> </ul>	<ul style="list-style-type: none"> <li>Speech is difficult for anyone to understand</li> <li>Not using simple sentences</li> <li>Not able to follow two step directions</li> </ul>	<p>You are concerned for any reason– even if you think they might just grow out of it!</p> <p>Your child has a diagnosis of syndrome or a genetic disorder.</p>
<b>Cognition, Fine motor, and Self-care</b> 	<ul style="list-style-type: none"> <li>Not reaching for and holding toys</li> <li>Hands frequently clenched</li> <li>Does not explore objects with hands, eyes and mouth</li> <li>Does not bring hands together at midline</li> </ul>	<ul style="list-style-type: none"> <li>Unable to pick up small items using index finger and thumb</li> <li>Does not feed self finger foods or hold bottle/cup</li> </ul>	<ul style="list-style-type: none"> <li>Does not scribble with a crayon</li> <li>Does not attempt to stack blocks after being shown</li> <li>Does not feed self finger foods</li> </ul>	<ul style="list-style-type: none"> <li>Does not attempt to feed self using a spoon</li> <li>Does not help with getting dressed (<i>raising arms, legs</i>)</li> </ul>	<ul style="list-style-type: none"> <li>Not toilet trained during the day</li> <li>Has difficulty with small objects</li> <li>Not able to draw lines and circles</li> <li>Has difficulty with self care routines- feeding and dressing</li> </ul>	<p>Your child does not respond to sounds or to people they see.</p> <p>Your child has forgotten skills that they used to do.</p> <p>One side of your child seems to be weaker or moves less.</p>
<b>Gross motor</b> 	<ul style="list-style-type: none"> <li>Not holding head and shoulders up with good control when lying on tummy</li> <li>Not rolling over</li> <li>Not holding head up</li> <li>Looking only one way</li> </ul>	<ul style="list-style-type: none"> <li>Not pulling to stand on their own and holding on for support</li> <li>No form of moving on their own (<i>army crawling, crawling or scooting</i>)</li> </ul>	<ul style="list-style-type: none"> <li>Not standing on their own</li> <li>Not attempting to walk without support</li> </ul>	<ul style="list-style-type: none"> <li>Not able to walk on their own</li> <li>Not able to walk up and down stairs holding on</li> </ul>	<ul style="list-style-type: none"> <li>Not able to walk, run, climb, jump or use stairs by themselves</li> <li>Not able to kick a ball, throw or catch a ball</li> </ul>	<p>Your child seems to be unusually floppy or stiff ( low or high tone).</p> <p>Head shape or neck concerns</p> <p>Growth concerns</p>
<b>Social Emotional</b> 	<ul style="list-style-type: none"> <li>Does not smile or interact</li> <li>Does not explore parent's face with their eyes</li> </ul>	<ul style="list-style-type: none"> <li>Does not notice someone new</li> <li>Does not play early turn taking games</li> </ul>	<ul style="list-style-type: none"> <li>Lacks interest in playing and interacting with others</li> <li>Has excessive tantrums or meltdowns</li> </ul>	<ul style="list-style-type: none"> <li>When playing with toys tends to throw them rather than play with them for their purpose.</li> <li>Has difficulty with changes</li> </ul>	<ul style="list-style-type: none"> <li>No interest in playing or interacting with others</li> <li>Difficulty noticing feelings in others (<i>happy sad, mad</i>)</li> </ul>	<p>Your child does not make eye contact very much.</p> <p>Your child does not seem to enjoy being near you or will not seek you out when playing.</p>
<b>Nutrition</b> 	<ul style="list-style-type: none"> <li>Growth concerns</li> <li>Does not consume enough breastmilk or formula</li> </ul>	<ul style="list-style-type: none"> <li>Does not eat solid foods 3-4 times a day</li> <li>Does not eat a variety of foods</li> </ul>	<ul style="list-style-type: none"> <li>Does not eat a variety of foods 5-6 times a day (meals and snacks)</li> </ul>	<ul style="list-style-type: none"> <li>Consumes too much fluid</li> <li>Does not eat a variety of foods 5-6 times a day</li> <li>Still uses a bottle</li> </ul>	<ul style="list-style-type: none"> <li>Does not eat foods from all the food groups</li> <li>Consumes too much fluid</li> </ul>	<p>Your child chokes, coughs, gags or vomits during mealtime .</p> <p>Your child is such a picky eater you worry they are not getting all the nutrients they need.</p>